

# Dena's Guacamole

Prep time: 10 minutes

Yield: 2 cups

Serving size: 8

Calories per serving: 36

## Ingredients:

2 ripe avocado

1/2 cup chopped cilantro

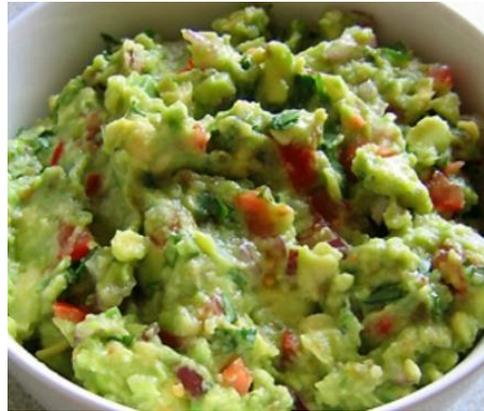
1 teaspoon lime juice

1/2 tsp. salt

3 cloves garlic minced

1/2 teaspoon green chile sauce

1 chopped tomato



## Directions:

Mix all ingredients, except tomatoes, by hand. Don't over chop avocado.

Stir in chopped tomatoes and serve.